

## **COVID 19 GUIDLINES AT BURROWS COURT FARM**

*THE MOST IMPORTANT MESSAGE WE HAVE TO ALL VISITING US AS A COMPETITOR OR SPECTATOR IS – PLEASE SHOW RESPECT AND KINDNESS TO EVERYONE YOU SEE AND MEET AT BURROWS COURT FARM- EVERYONE HAS A DIFFERENT VIEW OF GUIDELINES AND THEIR VIEW SHOULD BE RESPECTED.*

### **PLEASE DO NOT ENTER THE PREMISES IF YOU HAVE THESE SYMPTOMS**

- **a high temperature** – *this means you feel hot to touch on your chest or back (you do not need to measure your temperature)*
- **a new, continuous cough** – *this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)*
- **Loss of, or change in, normal sense of taste or smell (anosmia).**

*These are the main symptoms of coronavirus.*

*IT IS AN INDIVIDUALS RESPOSIBILITY TO ENSURE PERSONAL HYGIENE FOR THE SAFETY OF THEMSELVES AND OTHERS.*

*HAND SANITIZER IS AVAILABLE WHEN ENTERING AND LEAVING THE PREMISES AT THE GATE AND INSIDE AND OUTSIDE THE SHOW HUT*

***SOCIAL DISTANCING AND HYGIENE ADVICE FOR VISITORS TO BURROWS COURT FARM***

*WE RECOMMEND 2 METRES DISTANCE BE OBSERVED FROM ANYONE ON THESE PREMISES*

*WASH YOUR HANDS REGULARLY USING SOAP AND HOT WATER, PARTICULARLY AFTER COUGHING, SNEEZING AND BLOWING YOUR NOSE. THERE IS HAND SANITISER LOCATED BY THE GATE UPON ENTRANCE AND EXIT TO THE PROPERTY AND OUTSIDE AND INSIDE THE SHOW HUB.*

*IF YOU DO NOT WISH TO COLLECT YOUR SHEET YOU MAY TAKE A PHOTO OF YOUR SHEET .*

*YOU MAY LEAVE AN SAE WITH THE SECRETARY OR THEY ARE AVAILABLE FROM US (STAMP AND ENVELOPE £1.50) IF YOU WOULD PREFER TO HAVE YOUR SHEET SENT TO YOU.*